





# JAYA ENGINEERING COLLEGE

Approved by AICTE & Affiliated to Anna University, Chennai (NAAC Accredited Institution)

CTH Road, Thiruninravur, Chennai – 602 024, Tamil Nadu.

### DEPARTMENT OF CIVIL ENGINEERING

Cordially invites you all for the

**Green Club Activity** 

Λn

"Nature Walk"



Date &Time: 08.08.2023 @ 06.00 a.m

**Venue: JEC Campus** 



Prof.A. Kanagaraj Chairman-JET

Dr.K.Deena Joint Secretary, JET Er. K.Navaraj Vice – Chairman, JET

Dr.K.L.Shunmuganathan
Director (Academics), JGI

Dr.M.Somasundaram Dean (Research), JGI *Dr.S.Rajendran*Vice Principal, JEC

Dr.G.Kalarani
Vice-President-Green Club Activity

Mrs. V.R.Raji
Faculty Co-ordinator



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### **DEPARTMENT OF CIVIL ENGINEERING**

#### **Green Club Activity on Nature Walk**

#### **REPORT**

Event Title	Green Club Activity on Nature Walk		
Resource Person (Internal)	Mrs.V.R.Raji, Assistant Professor, Department of Civil Engineering, Jaya Engineering College, Thiruninravur, Chennai – 602024.		
Academic year	2023-2024		
Organized by	Department of Civil Engineering, Jaya Engineering College, Thiruninravur, Chennai		
Program Type (Workshop / Motivation speech / Field Visit / Competition / Others)	Others		
Start date & End Date (DD/MM/YYYY)	08.08.2023		08.08.2023
Duration of the activity (in Mins) & Start	Duration: 90	Start Time:	End Time:
Time & End Time	Mins	6.00 am	7.30 am
Participants	Students: 103	Faculty: 7	External: Nil
Mode of session (online / offline)	Offline		
Event coordinators	<ul> <li>Mrs.V.R.Raji, Asst. Professor &amp; Mr. M.Ponraj, Asst. Professor, Department of Civil Engineering, JEC</li> </ul>		
Target Participants	Open to all students and faculty members		
Outcome	<ul> <li>Walking in nature can improve your mood and self-esteem.</li> <li>Spending time in nature can lower stress hormone levels and reduce anxiety and depression.</li> <li>Regular walking in nature can help lower blood pressure and improve heart health.</li> <li>Exposure to nature can increase the number of natural killer cells in your body, which can help fight off infection and disease.</li> <li>Being in nature can help improve attention and cognitive function, making it easier to focus and be more creative.</li> <li>Students can learn about the importance of respecting the environment.</li> </ul>		

## Report on Green Club Activity on "Nature Walk"

Jaya Engineering College organized a Green Club activity on "Nature Walk" held on 08.08.2023 at the JEC campus. The event commenced at 6:00 a.m. with a welcome address by Mrs. V. R. Raji, Assistant Professor of Department of Civil Engineering, Green Club activity in charge. Dr. K. L. Shungamuhanathan, Principal of Jaya Engineering College, delivered a special address, emphasizing the role of the Green Club in raising awareness among students about environmental issues and promoting an eco-friendly atmosphere on campus.

One of the key activities was a "Nature Walk" within the college campus, which began at 6:10 a.m. Despite the extremely humid conditions, enthusiastic students participated eagerly, exploring the natural beauty of the campus. During the walk, they learned to identify different birds by their calls, colors, and body shapes, and gained insights into the uses and qualities of various plants.

A total of 110 members participated in the activity, and both students and staff took a pledge to take responsibility for their actions to improve the world in the future. The event concluded with a vote of thanks by Mr. M. Ponraj, AP/CIVIL.

ORGANIZING SECRETARY

**PRINCIPAL**